Missouri WIC Sample Food Packages

For Infants







Non-Breastfed and Partially Breastfed Infants 6-11 months



Fully Breastfed Infants 6-11 months

For Children



Children 12-23 months



Children 24-59 months

For Woman



Pregnant women, and partially breastfeeding whose infants receive less than the maximum amount of formula allowed for partially breastfed infants.



Non-breastfeeding and partially breastfeeding women whose infants receive more than the maximum amount of formula allowed for partially breastfed infants.



Fully breastfeeding, pregnant (more than one fetus), and partially breastfeeding multiple infants.

